



T H E Menorah

N E W S L E T T E R

October 2015 • www.bisrael.com • Tishrei-Cheshvan 5776

A Message From Our Rabbi

by Rabbi Debra Orenstein

Rabbi Alan Lew published a book about the High Holidays entitled *This Is Real and You Are Completely Unprepared: The Days of Awe as a Journey of Transformation*.



I like the book, and I love the title. It blasts like a shofar, waking us up. It is a challenge and a goad, pushing us to grow.

There are certain things each of us can do to be prepared – not just for the spate of holidays that begin our year, but for year-round living. Below are some of my favorite Jewish “test” questions:

1. What is your Hebrew name?

A full Hebrew name includes a matronymic and patronymic, so it reads as follows: your first and middle Hebrew names *ben/bat* [the son/daughter of] the names of your parents. If you are a *leyvi/levite* or a *cohen/priest*, the title is tacked on to the end of your name. If you are a *rabbi*, that title precedes the name. So, for example our Cantor, who was also ordained as a *rabbi* and born a *levite*, has this impressive name: Hechazan Harav Lipa Ya'akov ben Yechiel Dovid Halevy veZlata Rochel (הלוי חולאטע רחל). (החזן הרב נחםס ליפא יעקב בן יחיאל דוד).

If you know this basic information, do you know what your name means? Whom are you named after – in your family and in Jewish history? Why

was this name was chosen?

Hebrew names convey Jewish history – and your identity. Research your own. Know the Hebrew names of your parents, siblings, and children, too.

2. How far back can you trace your family tree?

We owe so much to our ancestors. Have you interviewed older, living relatives about their childhoods and family histories? Don't wait! Label pictures of the elder generations. Younger generations may one day wonder who they were. Learn who immigrated to the United States, where they came from, and what they gave up to get here. This year, as part of our American Jewish Identity curriculum, our Hey class will create a Heritage Fair. I hope you that will attend, learn about these families and be inspired to learn about your own.

3. What Jewish books are you studying?

Will you read a psalm a day, the Torah portion each week, a Mishnah a day, a page of Talmud a day, a biography of a great Jewish leader each quarter? You can have online support – there's an app for that! You can also join our Adult Bar and Bat Mitzvah class or other Adult Education classes. Join us for Learning Services. The Mishnah warns us, “Don't say, ‘when I have time, I will study.’ For you may never have time. Set aside fixed times for study.”

4. What mitzvah are you working on?

Years ago, I gave what I thought was good and original advice: Whatever mitzvot you do already, as part of your spiritual repertoire, you should always be adding one more that you learn about, attempt to observe, and wrestle with. Once that mitzvah becomes part of your repertoire (or, alternatively, once you conclude that you are not able or willing to add it to your repertoire), you then choose another mitzvah to work on. Later, I discovered that the Lubavitcher Rebbe had given the exact same advice – almost verbatim. Whenever the Rebbe and I precisely agree, I circle that date on my calendar! In sincere and humble admiration of him, I take our agreement as validation.

5. What character trait are you working on?

The Talmud teaches that “the study of Torah is equal to all the other mitzvot” – and then adds, “because it leads to them all.” We sometimes

CANTOR'S CORNER

by Cantor Lenny Mandel

I must tell you about visiting day at Dylan's camp this summer.

We believe that Camp Skylemar is the greatest camp and I know that y'all believe the same about the camps you send your kids to, and why shouldn't you.

As my dear departed friend Eddie Goodrich explained driving and selling used cars from car lot to car lot years ago. "There's a tuchas for every seat." That statement is true in every profession and in every aspect of our lives; camp is no exception.

Dylan and Ari were running on the grass and I was whipping Frisbees to them. Other kids were tossing balls, playing lacrosse or just hanging with parents, grandparents, siblings or other bunkmates: all you could hear was laughter and more laughter all over the camp.

My thoughts wandered back to a motorcycle trip Shelly and I took in 2000 to my camp: Camp Bayview in Quebec, Canada.

I spent every school year dreaming about getting back to Camp but this time, 41 years after my last summer there, was ten times as exciting.

The bunks were the same, the boulders that we slid down hadn't gotten any smaller and these kids were sliding down them as well.

We walked into buildings where I played, danced, sang, fell in love, got my heart crushed and got kissed. The echoes of our laughter from 40 years ago melded with the kids' laughter there and I felt a warm glow come over me. It was wonderful, it said it all, and I looked up and said thanks.

It was a gift to have been there, and a gift to be able to come back. I wanted to scream, for what would more than likely



be my last time on that property: hey, I'm back, remember me? I missed you, thanks for everything, and good bye.

This summer on visiting day I sat on a bed in Dylan's bunk lost in thought, hoping that his camp days would be as special for him and after him Ari and Spencer as well.

A woman tapped me on the shoulder introducing herself as the mother of one of the kids in Dylan's bunk.

"Which one of the kids is **your** son," she asked?

I smiled and pointed at Wayne.

"No," she continued, "which camper in this bunk is yours?"

I pointed at Wayne again. "He's my son and he was a camper in this bunk in 1986. Dylan is HIS son."

She was incredulous. Stacie looked up, laughed and said: "You're his new best friend."

We pulled out of camp at the end of the day glowing. To see the smiles on the faces of kids, to hear the shouting and the laughter and to watch them interact is a life lesson that can't be taught; it has to be experienced. Shelly was a camper her whole life. We met at Camp Kinderwelt in 1971 so on that level we share a certain bond and relive similar experiences even though our camps were on the other side of the world.

Camp shaped my life in many ways and left me with so many memories, not all wonderful, but all a part of my life, all pieces of my puzzle. There's no question that our grandchildren will feel the same way. I'm sure that any of you who went to sleep away camp do, and your kids who are there now will too.

"Can it be that it was all so simple then, or has time rewritten every line? If we had the chance to do it all again, tell me, would we, could we?" Marvin Hamlisch, / Alan & Marilyn Bergman.

THE Menorah

NEWSLETTER
The Official News Bulletin of Congregation B'nai Israel
53 Palisade Ave., Emerson, NJ 07630

Temple Office: (201) 265-2272
Rabbi Debra Orenstein (201) 265-2272
Cantor Lenny Mandel (973) 325-1778
Cantor Emeritus Sidney Derner
Temple Fax (201) 265-0971
Temple Website www.bisrael.com
Temple E-Mail office@bisrael.com

MENORAH NEWSLETTER DEADLINE:

Articles due 5th of preceding month. E-mail articles to Menorah@bisrael.com. Questions? Call 201-768-9661.

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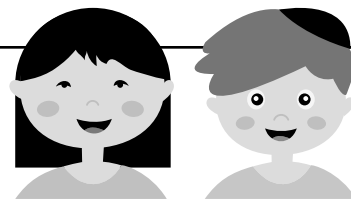
Please "LIKE" us on FACEBOOK.

Search on FACEBOOK for Congregation B'nai Israel, Emerson.
Keep up to date on all the events and news of our shul!

The Principal's Pen

by Karen Weiss, Principal

Lori Cohen, Emily Perlman, & Samantha Segal, Education Co-Chairs



Shalom and Shana Tova!

We hope everyone enjoyed the High Holidays with family and friends. Morah Karen, Marie, the Religious School faculty, and the CBI Education Committee, are all getting ready for a fun and productive year. We want to encourage you to participate in your child's religious education, and there are many ways for you to get involved.

All families were assigned a "Minyan Breakfast Help" Sunday. Please mark this date down for future reference. Helping prepare a meal for the community is a Mitzvah, and we believe that with this program we can show our children the ways in which the CBI community works together. On the same day that you help with the Sunday morning breakfast, you will also receive the Shabbat box. We encourage you to enjoy Shabbat with your family, and there

are many celebration suggestions in the box. You can add your own ideas for Shabbat celebration as well.

We are also very excited to host a combined book fair and gift boutique on November 15. This is a great opportunity to purchase holiday and other gifts. In addition, every purchase you make supports CBI's educational programs. We will be looking for volunteers to help with setting up, breaking down, and working at the register. Also on November 15, Morah Karen has arranged for a fantastic Chanukah program. Mama Doni, funky Jewish music with a twist, will perform for our religious school. We hope the whole family will come to CBI on November 15 for shopping, and for this very special program that is sure to put everyone in a celebratory mood. We look forward to seeing you in the Religious School wing!

RABBI/from page 1

forget the second half. It's not enough to know. We must also do. And it's not enough to do. We must also consider *how* we do. Do we conduct ourselves with patience? With humility? With compassion?

Musar is the study of personal morality from a Jewish perspective, and it is almost entirely concerned with each individual improving his or her character. This year, I intend both to study and to teach *musar*. I look forward to discussing and advancing it at CBI – through the Jewish Values class I teach to Gimmel students, through Adult Education, and in all the interactions that happen in our building.

6. Are you enjoying life?

The Jerusalem Talmud imagines that, in the next world, each of us will have to "provide a reckoning for everything your eyes saw which, although permissible, you did not enjoy." Are you savoring God's world?

Rabbi Samson Raphael Hirsch, the great 19th century commentator, surprised his students by announcing that he had to travel to Switzerland. When they asked why, he explained: "I will shortly stand before the Almighty. I will be answerable to many questions. But what will I say when God asks, 'Why didn't you see My Alps?'"

So, starting today, learn about your name, learn about your ancestry, and set times for further learning. Practice a mitzvah. Develop your character.

Finally, as you contemplate this full and demanding list, don't forget to enjoy whatever is available and permitted to you – including all tests, all holidays, all experiences and all places – as a gift from God.

As always, I am available to meet with you to discuss these questions – or other topics that are important to you. In the meantime, remember that Sukkot is called "the time of our joy." It's an especially auspicious time to enjoy life!

SIGNIFICANT SENIORS

by Judy Newell and Don Segal

CBI Significant Seniors will be resuming our meetings on **October 22nd** at 8:30am. We look forward to catching up with old friends and meeting new ones. Everyone enjoyed our guest speakers, movies, and luncheon last year. We will be discussing our agenda for the new year as well as noshing on some refreshments. Plan to be there and bring along fellow CBI members, friends, and neighbors.

CORRECTIONS:

The Rabbi's article was cut off. Please check the Schmooz for the complete article.

In the pictures of the Board, Jamie Kreiman was mistakenly identified as Sisterhood President – her correct title is Immediate Past President.

SISTERS IN THE HOOD

by Andrea Collier & Tracy Ganbarg, Sisterhood Co-Chairs

We enjoyed seeing everyone who came to our Meet and Greet on the first day of Hebrew school in September. The raffle we held enabled some lucky sisters to take home some lovely prizes! Over the next several weeks we look forward to saying hello to many of you whom we may have missed that day.



On October 22, CBI Sisterhood will be

participating in the Northern New Jersey Great BIG Challah Bake. This event is being organized by Jewish Journeys of Northern NJ, and WIZO (Women's International Zionist Organization) will be hosting at the Rockleigh Country Club. The event is co-sponsored by local Jewish organizations, and is expected to bring over 1,000 Jewish women together to bake Challah! This event is perfect for all women to attend, whether you are single, married, a mother and daughter (12 years and older), or a grandmother.

You can go to www.wizousa.org/GreatBigChallahBake to register. We hope to see many of you there!

Look out for announcements about a Sisterhood sponsored Friday night Shabbat service on October 23rd. Details to follow.

We are looking forward to lots of fun and exciting programs this year. Please send in your membership dues of \$36 to Sisterhood (see form in this issue). Your dues help support CBI and all its programming!

RITUAL

by Audrey Bida, Judy Schoenfeld & Joyce Schreiber, Ritual Co-Chairs



We hope all our B'nai Israel family is having a Shana Tova, a successful ushering in a new school year, and a new calendar year 5776. It was wonderful seeing all of you in shul.



Erev Sukkot started just a few days after Yom Kippur, on **Sunday evening, September 27th**. There will be a number of opportunities to enjoy CBI's Ike Gavzy Sukkah where you can shake the Lulov and the fragrant Etrog through the first week of October. Join the Rabbi for "Brown Bag in the Booth" from 12:15-1:30 p.m. on **Thursday, October 1st**. (Dairy lunch, please).



We hope you join us to celebrate a number of wonderful mitzvot in October. We are celebrating the Bar Mitzvah of Oren Roznitsky on **Saturday October 3rd**, and the Bar Mitzvah of Ethan Silver on **Saturday October 10th**.

On **October 5th**, please join us for Yizkor service at 7:30 a.m. in observance of Shimini Atzeret.

We are looking forward to celebrating Simchat Torah on Monday, **October 5th**, at 7:00 pm. Please participate as special blessings for all ages will be said. In addition, the last verses of the Torah will be read, immediately followed by the unfurling of the Torah. That will be followed by dancing and marching with the large Torahs, children's Torahs, and flags accompanied by the music of our CBI musicians. We hope you join us to celebrate this joyous holiday, which also marks beginning the Torah reading from the first chapter of Genesis. If you would like to be part of the "CBI Simchat Torah musicians" please contact the Rabbi.

We are excited that the Learning Service for Dalet and Hey students (along with the adult community), the Children's 8-11 Service, and the Family Service for ages 7 and under are back. The first Shabbat that these wonderful services are being offered is **Saturday October 24th**. The Learning Service will begin at 10 am, with the Children's and Family Services beginning at 10:30 a.m. Following these services, all are invited to a pizza, salad, and ice cream Kiddush.

On **October 23rd**, Sisterhood will be conducting a Breast Cancer Awareness Shabbat, and on **October 25th**, Jodi Siegal will be walking to support Alzheimer's disease. Unfortunately, her nana has been living with the Alzheimer's disease for a number of years, and she wants to do what she can to help find a cure. For those members of the Congregation who do not attend Hebrew School on Sundays, please walk with her team called "A Walk for My Nana" at the Alzheimer's Association walk on **October 25th** at Bergen Community College. Registration is at 8:30am and the walk begins at 10:00 a.m. A meeting place at the site will be arranged. Please see her web page. <http://act.alz.org/goto/AWALKFORMYNANA>

On **October 30**, we invite everyone to join us for Friendship Shabbat, at 7:30 p.m. as we welcome our new CBI family members.

See and refer to the Shul Schmooz for any program and service updates. As you can see, your Ritual Committee continues to be busy planning for this coming year, and we would love your help or suggestions. Please send us an email at ritual.chair@bisrael.com.

Looking forward to seeing you in Shul!

The President's Pen

by Nancy Passow, President

"Getting to know you, Getting to know all about you, Getting to like you, Getting to hope you like me"

–The King & I

It's a new year – we've made it through the holidays (almost all of them by the time you read this), Hebrew School started, the first of our B'nai Mitzvahs for this year have taken place. Time to settle down to our CBI day-to-day activities. September always seems to go by in a blur – one moment it's still summer and then, wham, everything happens. I hope that even with the hustle and bustle you had the opportunity to enjoy some quiet time over the holidays, a chance to think about where you are and where you are going this year.



I also hope you had a chance to greet old friends and to make some new ones during the holiday services. Just in case you didn't, our first Casual Shabbat of the year, on Friday, October 30, has the theme "Friendship". It will be an opportunity to welcome new members who joined CBI over the summer as well as a time to say "hi" to our longer-term friends. Sisterhood started their year with a Meet & Greet on the first day of Hebrew School and Men's Club provided an opportunity for us to get together outside of CBI with a trip to the bowling alley. We hope to provide lots more chances for CBIers to get to

know each other – during services, during activities at CBI, and at activities outside of CBI.

October is full of opportunities to do things at CBI (and away) – starting with the last of the High Holiday services (Hashanah Raba, Yizkor, and Simchat Torah services), two Bar Mitzvahs, the first of the year Shabbat for all ages (Learning Service, 8-11 Club Service, and Young Family Service), a special Sisterhood Erev Shabbat Service, a county-wide Challah Bake, Friendship Shabbat, the Walk for Water co-sponsored by SAC, the first Significant Seniors meeting of the year, and our congregational trip to Israel. And there's always Sunday morning minyan and staying to shmooz over the bagels afterwards. Even if you pick only one of these events, come and get to know some more of the CBI community.

I'd like to take this opportunity to thank everyone for making our High Holidays so special – starting with the Rabbi and Cantor, our Board members and committee members who planned and put everything in place (honors, chairs, programs, books, food, security, and more), our Torah and Haftarah readers, the Junior Congregation and children's program leaders and assistants, everyone who accepted an honor, and all of you who came and participated. It wouldn't have been the same without you. And if we didn't get a chance to meet during the holidays, please stop me when you see me – I really want the chance to get to know you!

WALK FOR WATER

Sunday, October 18 at 1:30 pm
Westvale Park in Westwood, NJ

- Take a pleasant walk with the Westwood Area Clergy Council
- Sponsor a walker and/or
- Make a donation

to help bring clean water to people in need across the globe.

- More than 840,000 people die each year from water, sanitation, and hygiene-related causes.
- 2.5 billion people lack access to sanitation.
- Lack of access to clean water and sanitation kills children at a rate equivalent of a jumbo jet crashing every ten hours.
- Women and children spend 140 million hours each day collecting water.

To walk or to donate, please contact:
Rev. Rodney Haveman, who is leading the Westwood Area Clergy Walk for Water this year. You can reach him at **201-666-8998** or **rhaveman59@yahoo.com**.

SHABBAT FOR EVERY AGE, EVERY STAGE

Everyone is invited to our first something-for-everyone Shabbat of the year!

10:00 AM Learning Service for all adults and our Dalet and Hey Families.

10:30 AM 8-11 Service for all children ages 8-11 years old.

10:30 AM Family Service for families with children ages 7 and under.

Followed by a complimentary lunch of pizza, salads, and ice cream for all.

RSVP to the Temple office: 201-265-2272 or ritual@bisrael.com

If you have a birthday in October and November, please mention it when you call or email your RSVP.



FOCUS ON ISRAEL

"...STONES WITH HEARTS OF PEOPLE..."

The remnant of an outer wall of the Temple Mount, where the Second Temple was destroyed, is a holy site for Judaism and Jewish sovereignty. It is the place that we turn towards when we pray. For centuries Jews have been making pilgrimages to pray at this Western Wall, the *Kotel HaMa'aravi*. After Israel's independence the Kotel was controlled by Jordan and remained inaccessible to Jews until the Six Day War in 1967 when a division of paratroopers retook control of the Old City of Jerusalem. At that time, Israeli Defense Minister Moshe Dayan helped revive the custom of putting notes of prayer into the cracks and crevices of the ancient stones by writing "...may a lasting peace descend upon the House of Israel."

On October 10th Rabbi Orenstein and a group of our CBI congregants, fondly known as the Tripsters, will embark on a remarkable adventure as they visit Israel. While in Jerusalem the group will be going to the Kotel as thousands of visitors and worshipers do every day. Just a small part of the Wall can be

seen from the plaza but the group will have the opportunity to take a tour of the excavated tunnels beneath the Kotel and the Temple Mount. These members of our CBI family will kindly be emissaries for our prayers as they carry with them our notes to tuck into the Kotel. In our temple lobby you will find a box to put your note of prayer in. Please write/type on a *small* piece of paper and then fold it even smaller. We thank the Tripsters for taking the time and care to handle our notes, and we look forward to hearing all about the trip upon their return.

Rabbi Orenstein is also looking ahead to a future multi-generational trip to Israel, so if you're interested please contact her.

The Kotel and its plaza are the scenes for many celebrations including military induction ceremonies, B'nai Mitzvot, and baby namings. On the website english.thekotel.org there are live webcams and you can log on 24/7 for viewing. Maybe you will find some familiar faces there!

**From the song HaKotel. Lyrics by Yossi Gamzu*

Ask the Clergy

[aka Dear (R)Abbi]

QUESTION:

We stand while we recite our most important prayers, such as the Amidah and Aleinu. Why is it that we don't stand for the Shema, which is such a central prayer in Judaism?

Cantor Mandel answers:

The *Shema* may be said while standing or sitting. The Jews of Israel used to stand to show the *Shema's* importance and to demonstrate that saying *Shema* is an act of testifying in God (testimony in a Jewish court is always given while standing).

Today, some Reform and Conservative congregations stand out of respect for the *Shema*.

Orthodox congregations sit because the passages are from the Torah so it is as if a person is studying Torah when he or she recites them, and sitting is the position for study.

A new Rabbi arrived at his Synagogue and found that when the Shema was recited half of the congregation sat, the other half stood and they would scream at each other.

When he asked what the minhag (custom) of the Shul was,

he was told: "we sit. No," he was told from others, "we stand."

Not knowing what to do he visited one of the oldest members of the shul who was languishing in the hospital.

The Rabbi sat at the man's bedside and asked. "Is the custom of this shul to sit while reciting Shema," he asked?

"NO," replied the old man. "Well," the Rabbi continued, "Is the custom of this shul to stand while reciting Shema?"

"NO," replied the old man once again.

"Well," the Rabbi continued, "every time we recite the Shema half of the congregation sits, the other half stands and they scream at each other."

The old man looked at the Rabbi and smiled; "Yup," he said, "that is the custom."

So, it will be the (minhag) custom of the synagogue in which you pray that will dictate whether you sit or stand.

MEMBER MUSINGS

by Beth Liepmann

George and I have always talked about going to Israel. Our sons, Jonathan and Neil, were both fortunate enough to have gone there on Birthright. They each came home from their trip having had an amazing time, but more importantly, with a different perspective on



Judaism and everything that goes along with that.

When the possibility of a trip to Israel with Rabbi Orenstein was announced, George and I felt 'If not now.....when'!!! We are both relatively healthy, one never knows what tomorrow will bring, and going with the Rabbi is a definite bonus. With her knowledge and expertise, we felt this was an opportunity not to be passed up. And traveling with a group of our CBI friends "just puts the icing on the proverbial cake".

Now that the trip is just a few weeks away, we are getting so excited. I am quite sure we will come away from this experience with memories that we will cherish for a lifetime.

Congregation B'Nai Israel Sisterhood
invites you to become a member.



Please complete the information below, enclose a check for \$36 payable to Congregation B'nai Israel Sisterhood and mail to Joan Zelman, 961 Amaryllis Ave, Oradell, NJ 07649
Membership is free for new temple members.

Name _____

Address _____

Phone _____

Email _____

_____ Check for \$36 payable to CBI Sisterhood
_____ New Member

Any questions email Andrea Collier or Tracy Ganbarg
sisterhood.chair@bisrael.com

Thanks for your interest. If you would like to help with any programs, please circle below and we will get back to you.

Ladies Night Out Cooking Classes New York City Events Mahjong Games

BOARD MEMBER PROFILE



Position: President
Name: Nancy Passow
Where did you grow up? Emerson, NJ
Which High School did you attend? Emerson Junior Senior High School
Where did you go to college? Columbia University (undergrad, BS in Chemical

Engineering) Manhattan College (grad, MS in Environmental Engineering)

What is (was) your profession? Originally Chemical Engineer/Environmental Engineer; now owner of Write for You in NJ -- business writer and communications trainer & adjunct professor at FDU

Where do you live currently? Englewood, NJ

What is your spouse's name? Michael

Do you have children? If so, what are their names and ages? Kate (37) and Sam (34)

How long have you been a member of CBI? since 1996

Did you hold any other Board positions before your current one? Sisterhood co-president; Ritual Co-chair; Vice President

The thing I like most about CBI is... It's like family

BOARD MEMBER PROFILE



Position: Immediate Past President
Name: Jamie Kreiman
Where did you grow up? Duluth, MN- on the very tip of Lake Superior
Which High School did you attend? Esat High School
Where did you go to college? University of Mn,

Hebrew University in Jerusalem, Yeshivah University

What is (was) your profession? Hospital Social Work

Where do you live currently? Hillsdale

What is your spouse's name? Ike Gavzy, of very funny and loving memory

Do you have children? If so, what are their names and ages? Sam Gavzy, 28

How long have you been a member of CBI? 61 years

Did you hold any other Board positions before your current one? Education, President, Trustee

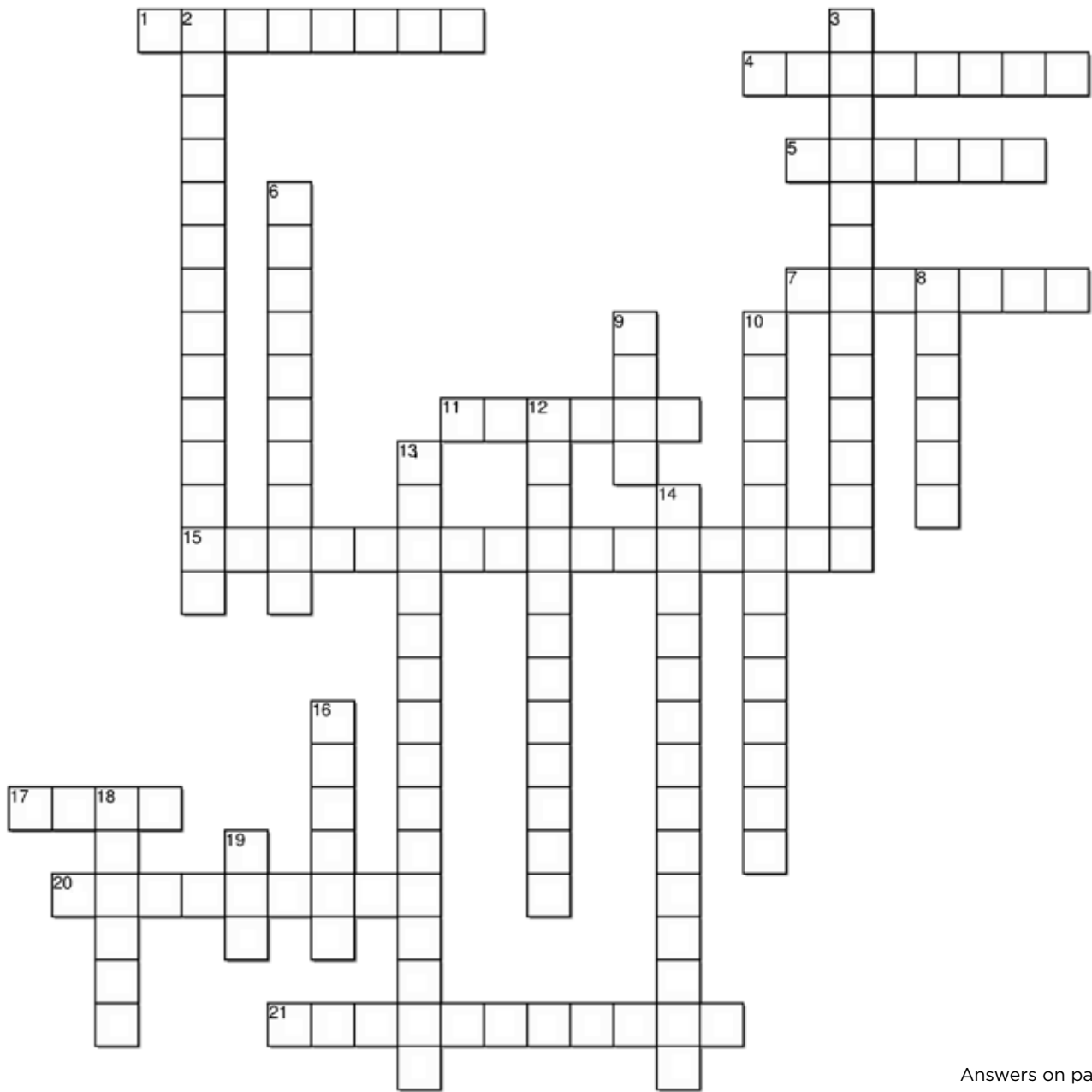
The thing I like most about CBI is... The warmth of the people

Any other thoughts you would like to add about yourself? It is very important to involve ourselves with Israel

High Holidays

By Warren Kuperinsky

Complete the crossword below



Answers on page 10

Across

1. sins cast into water (**tashlikh**)
4. three broken shofar sounds (**shevarim**)
5. custom (**minhag**)
7. yiddish greeting (**agotyoï**)
11. nine shofar sounds (**teruah**)
15. rosh hashanah eve (**erevroshhashanah**)
17. on yom kippur we (**fast**)
20. yamim noraim ten days to repent (**daysofawe**)
21. greeting on rosh hashanah (**shanahtovah**)

Down

2. represents a sweet new year (**applesandhoney**)
3. very long shofar blast (**tekiahgedolah**)
6. total number of shofar blasts (**onehundred**)
8. long shofar blast (**tekiah**)
9. end (**gmar**)
10. repentance and prayers (**pendingdecree**)
12. head of year (**roshhashanah**)
13. on rosh hashahah g-d opens the (**bookofjudgement**)
14. three broken sounds followed by nine short sounds (**shevarimteruah**)
16. hollowed out rams horn (**shofar**)
18. chatimah or yom kippur judgment (**sealed**)
19. good (**tov**)

WE KNEAD YOU!



 HADASSAH
Northern New Jersey

 Jewish Federation
OF NORTHERN NEW JERSEY
Women's Philanthropy

 Lubavitch on the Palisades



 KAPLEN JCC on the Palisades

 SHARSHERET

 The Rockleigh

WHY BAKE?

- Learn about the Mitzvah of Challah.
- Connect with hundreds of women from your community.
- Proceeds fund the WIZO Shelter for Battered Women in Jerusalem.

WHEN & HOW

THURSDAY, OCTOBER 22nd
6:30PM
ROCKLEIGH COUNTRY CLUB
26 PARIS AVE, ROCKLEIGH

JOIN US!

REGISTER AT:

www.wizousa.org/GreatBigChallahBake

- \$18 - Early Bird
- \$25* - At the door (*space permitting)
- \$60 - Family of 4
- \$72 - Sponsorship
- \$360 - Benefactor

Receive an Apron, a Bowl & Two Challahs!

COMMUNITY SERVICE OPPORTUNITY HIGHLIGHTS

BCHSJS' FALL 2015 COURSE OFFERINGS

The Bergen County High School of Jewish Studies (BCHSJS) will be offering a year-long class entitled, *Jewish Volunteer Corps*, for which students can earn 15+ community service hours. Open to BCHSJS students in grades 9-12, the service-learning class will involve instruction about Jewish values, community, and the aging process at the school's Moriah campus in Englewood and hands-on experience volunteering with a group of seniors at The Jewish Home Assisted Living (JHAL) in River Vale. The course will culminate with the students learning and recording the seniors' Jewish histories and documenting them in engaging videos and photo montages.

"The JVC course is a win-win for our students," said BCHSJS Principal Bess Adler. "They get community service credit and an opportunity to fulfill the mitzvah of caring for the elderly."

"We are very excited to participate in this program

with BCHSJS," said Lauren Levant, Executive Director of JHAL. "Programs like this strengthen the Jewish community by connecting the generations and instilling in teens an appreciation for the generations that came before them."

JVC is just one of the many elective courses available at BCHSJS. Students can select from a wide range of topics including Hebrew Ulpan, Community and Leadership, Pop Culture, Art and Current Events. There are also overnight programs, weekend retreats, school-wide trips, as well as Tikkun Olam programs. Further enriching the BCHSJS experience and fostering more positive peer interactions are a host of social activities including trips to Great Adventure, Ice Skating, Sky Zone and many others.


The Bergen County High School of Jewish Studies is a regional Sunday school program ("Hebrew High School") for Jewish students of all denominations

in grades 8 - 12. Classes meet on Sunday mornings from 9:30 a.m. - 12:45 p.m. at The Moriah School in Englewood. BCHSJS is currently accepting applications for the 2015-2016 year. Visit the BCHSJS website www.bchsjs.org for more information and to download an application, or call the school at (201) 488-0834.


SAVE THE DATE –
CBI EXPERIENCE ON NOVEMBER 15TH!

CONCERT
BOOKS
INCREDIBLE SHOPPING

9:30am – 10:30am & 11:30am – 12:30pm




- CBI's Book Fair is Back!
- Shop for Chanukah with our many Vendors!!



10:30am - 11:30am:
Performance by THE MAMA DONI BAND!

"Inspiring Joy Through Music"
"FUNKY MUSIC WITH A JEWISH TWIST FOR EVERYONE"
All Free of Charge

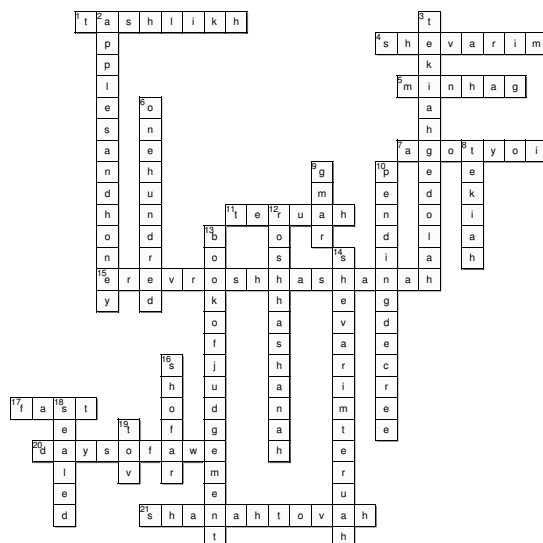
Bring your families
Bring your friends
Bring your neighbors



So -- SHOP AND ENJOY!

MARK YOUR CALENDARS NOW!

Answers



It is our pleasure to invite you to an Oneg Shabbat following services on Friday evening, the 2nd of October, in honor of the Bar Mitzvah of our son

OREN JOSEPH

Oren will be called to the Torah as a Bar Mitzvah on Saturday, the third of October at nine o'clock in the morning



RASHELLA AND MOSHE

Please join our family and friends at the Oneg Shabbat following services on Friday evening, the 9th of October in honor of our son,

ETHAN MICHAEL

Ethan will be called to the Torah as a Bar Mitzvah on Saturday, the 10th of October at nine-thirty in the morning.



MICHELLE AND PETER SILVER

BAT/BAR MITZVAH MESSAGE

OREN R.

Shalom, my name is Oren and I will become a Bar Mitzvah on October 3, 2015. I will be leading services on that Saturday, October 3rd at 9am, as well as on Friday, October 2nd, at 7:30pm, and on Sunday, September 27, at 9:00am. My Torah portion is on the 6th intermediate day of Sukkot, so I have a special Torah reading from the book of Exodus. This portion explains Moses' encounter with G-d up on Mount Sinai and Moses carving a set of new tablets with the Ten Commandments after he broke the original tablets that God had made. In addition, Moses told G-d about the 13 attributes.

For my mitzvah project, I am supporting those who suffer from hearing loss, both in the US and in Israel. I can personally connect to this cause because a close friend of mine has learned to face the hardships and challenges of hearing loss, and hears using a surgical implanted device behind his ears called cochlear implants. On May 16, 2015, more than a dozen of my friends and family joined me in the Walk4Hearing event through the Hearing Loss Association of America (HLAA) in Westchester.

I also wanted to help children and adults with hearing loss in Israel. The SHEBA Medical Center in Israel near Tel Aviv, is a huge medical facility that includes the SHEBA Medical Center - Hearing Institute. The Hearing Institute is known for providing cochlear implants to many Israelis. With your generous help, kind donations and support, we were able to host successful fundraisers to benefit these causes, raising \$1600 for HLAA and \$800 for SHEBA- Hearing Institute. If you would like to help me support either of these mitzvot, please consider making a tax-deductible donation to either Friends of SHEBA through my home page www.friendsofsheba.org/ways-to-give/oren-roznitsky or to the Walk4Hearing Hear2Help team page at http://hlaa.convio.net/site/TR?team_id=40849&pg=team&fr_id=2284&et=6PaTJpmOtHvJRf0HgySLdA&s_tafId=27314

Thank you so much for reading. I hope you will join me for my services, and thank you for all of your support!

ETHAN SILVER

Shalom, my name is Ethan Silver. My Torah portion is Bereshit from the Book of Genesis. It is the first portion of the Torah and it explains the six days of creation.

My mitzvah project was to raise money for a non-profit called Chai Lifeline which has programs that offer emotional, social, psychological and financial assistance to families living with serious pediatric illness or loss. I held an event at The Game Zone in Hillsdale where my friends and I ran a Pokemon tournament and taught others how to play the Pokemon card game. I am proud of achieving my goal, raising over \$1,000, and thank everyone for their support. If you would like to make a donation, please go to www.chailifeline.org.

I will be leading services on Sunday, October 4th, Friday, October 9th and Saturday, October 10th. I hope you will come to Temple to celebrate with me.

JODI SIEGEL

My name is Jodi Siegal, and although my Bat Mitzvah isn't until March 19, my Bat Mitzvah project will take place on October 25. For my Bat Mitzvah project I am sponsoring "A Walk for My Nana" for Alzheimer's.

Unfortunately, my nana has been living with the Alzheimer's disease for a number of years and I want to do what I can to help find a cure. For those members of the Congregation who do not attend Hebrew School on Sundays, please walk with my team called "A Walk for My Nana" at the Alzheimer's Association walk on October 25th at Bergen Community College. Registration is at 8:30 AM and the walk is at 10 AM. We will set up a meeting place at the site. It would be great if you could walk with us. For more information please see my web page.

<http://act.alz.org/goto/AWALKFORMYNANA>

Thank you.

OCTOBER 2015

Candle Lighting Times: **2:** 6:20 **4:** 6:16 **9:** 6:08 **16:** 5:57
23: 5:47 **30:** 5:37

Tishrei-Cheshvan 5776

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				Sukkot IV 1 12:15pm Brown Bag in the Booth	Sukkot V 2 7:30pm Erev Shabbat Service 9pm Oneg sponsored by the Roznitsky family	Sukkot VI 3 9am Bar Mitzvah of Oren R.
Sukkot VI 4 9am Hebrew School 9am Minyan 9:30am Bagel Breakfast Sponsored by the Silver family 10:30am Hebrew School Camp Program	7:30am Yizkor service 5 7pm Simchat Torah service	Simchat Torah 6 No Hebrew School	7:30pm Board meeting 7	8	8pm Erev Shabbat Service 9 9pm Oneg sponsored by the Silver Family	9:30am Bar Mitzvah of Ethan Silver 10
9am Minyan & Bagel Breakfast 11 9:30am Bagel Breakfast Sponsored by Joan & Steve Zelman No Hebrew School	Columbus Day 12	4pm Hebrew School 13	14	15	8pm Erev Shabbat Service 16	10am Shabbat morning service 17
9am Minyan & Bagel Breakfast 18 9am Hebrew School	19	4pm Hebrew School 20	21	1:30pm Significant Seniors 22 7pm Great Challah Bake -- Sisterhood	7:30pm Sisterhood Erev Shabbat Service 23	10am Learning service 24 10:30am 8-11 Service 10:30am Young Family Service
9am Hebrew School 25 9am Minyan & Bagel Bkfst 9am Prozdor Family Program 9:30am Hebrew School Parents' Meeting 1pm NFL Football & Kosher Chinese Food	26	4pm Hebrew School 27	28	29	7:30pm Friendship Casual Erev Shabbat Service 30	10:30am Shabbat "One Wonderful Hour" morning service 31

NOVEMBER 2015

Candle Lighting Times: **6:** 4:29 **13:** 4:22 **20:** 4:16 **27:** 4:12

Chesvan-Kislev 5776

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9am Hebrew School 1 9am Minyan & Bagel Breakfast 9:45am Dalet Kehillah Program	2	4pm Hebrew School 3	7:30pm Board meeting 4	5	8pm Erev Shabbat Service 6	10am Shabbat morning service 7
No Hebrew School 8 9am Minyan & Bagel Breakfast	9	4pm Hebrew School 10	Veteran's Day 11	12	8pm Erev Shabbat Service 13	10am Dalet Class Shabbat morning service 14
9am Hebrew School 15 9am Minyan & Bagel Bkfst 9:30am Book and Gift Fair 9:30am Bagel Bkfst sponsored by the Shapiro family 10:30am Chanukkah Workshop/ Concert Mama Doni	16	4pm Hebrew School 17	18	19	8pm Erev Shabbat Service 20 9pm Oneg sponsored by the Shapiro family	10am Shabbat morning service 21 3pm Bat Mitzvah of Toby Shapiro
9am Hebrew School 22 9am Minyan & Bagel Breakfast	23	4pm Hebrew School 24	25	Thanksgiving 26	8pm Erev Shabbat Service 27	10am Shabbat morning service 28
No Hebrew School 29 9am Minyan & Bagel Breakfast	30					

FUNDS

ETERNAL LIGHT FUND

TO: Lee & Scott Bressler
 In memory of your beloved mother, Jane Bressler
 FROM: Bob & Ruth Bressler

TO: Monica Bressler & family
 In memory of your beloved mother, Lucie Jacobson
 FROM: Bob & Ruth Bressler

TO: Irma Singer & Family
 In memory of your beloved husband, father & grandfather
 FROM: Gus & Joan Eben

TO: Bobbie Rosenwald
 Condolences on the passing of your beloved Neil Rosenwald
 FROM: Walter & Alice Krieger

FREYDA FUND

TO: Don & Arlene Fultonberg
 Thank you for your successful leadership and co-chairmanship of Significant Seniors. We shall miss you.
 FROM: Harriette & Seymour Turk

TO: Lisa Pollack
 What a wonderful erev Shabbat service under the stars by Sisterhood. Thanks to you, Carolyn Ginsberg and Warren Kuperinsky and all the readers.
 FROM: Harriette & Seymour Turk

TO: Jason & Caroline Klein
 Congratulations to you and big sister, Georgia on the birth of Bowie Flora Klein
 FROM: Ronnie & Jerome Yates

GOOD & WELFARE FUND

TO: Joan & Steve Zelman
 Congratulations on your 30th anniversary and here's to many more happy years together.
 FROM: Ellen & David Michelson

GET WELL FUND

TO: Steve Ingram
 Wishing you a speedy and complete recovery.
 FROM: Naomi & Bruce Weinberg

GENERAL FUND

To: Ellen Sonkin
 Mazel Tov on your 60th Birthday!
 From: Susan and Marty Casper

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 Barbara Tannenbaum in loving memory of Bess Rothman

LETTERS

To the Board and Everyone at CBI, Thank you so much for the lovely food basket and for your good wishes for my recovery. Your thoughts have meant a lot to me and have made me feel part of the CBI family.

*Sincerely,
 Steve Ingram*



Get Well

To our Cantor Emeritus,
 Sid Derner
 Steve Ingram

Mazel Tov

Lisa Millstein, daughter of Jackie and Allan Millstein, on her engagement to Ryan Eschinger.

Sara Bida, daughter of Audrey Bida, on her engagement to Edwin (Eddie) Marquez.

Courtney Clarke, daughter of Cherry Clarke, on her engagement to Lawrence Ridgley, and on her acceptance to Rutgers' MBA Program.

Lauren Tancer, daughter of Nancy Tancer, on serving as Sganit (Vice President) of the New Jersey Region of Bnai Brith Girls, and on traveling to Israel this summer with the Trek Israel program of BBYO.

Phyllis Kirschner, who just returned from her 11th trip to Israel, where she visited two granddaughters who made Aliyah.

Rabbi Debra Orenstein for being honored as a keynote speaker for New York Board of Rabbis and for the Chautauqua Institution's Hebrew Congregation.

A BIG THANK YOU

to the following for sponsoring a Friday Night Oneg, Shabbat Kiddush or a Sunday morning breakfast

The Roznitsky Family	Sunday	10.2.15	Oren Roznitsky Bar Mitzvah
The Roznitsky Family	Friday	10.3.15	Oren Roznitsky Bar Mitzvah
The Silver Family	Sunday	10.4.15	Ethan Silver Bar Mitzvah
The Silver Family	Friday	10.9.15	Ethan Silver Bar Mitzvah
The Silver Family	Saturday	10.10.15	Ethan Silver Bar Mitzvah
Joan and Steve Zelman	Sunday	10.11.15	30th Anniversary

CONDOLENCES

Matthew, Jason, and Lauren Tancer on the loss of their beloved grandmother, Norma Tancer.



OCTOBER YAHRZEITS

Minnie Ziegelheim	18 Tishre	10/01/15
Molly Vogel	18 Tishre	10/01/15
Max I Herman	18 Tishre	10/01/15
Yetta Herman	19 Tishre	10/02/15
Hilda Katz	19 Tishre	10/02/15
Solomon Vigotsky	20 Tishre	10/03/15
Akiva Taubenslag	21 Tishre	10/04/15
Betty Klibinoff	22 Tishre	10/05/15
Miriam Diamond	22 Tishre	10/05/15
Sarah Horowitz	22 Tishre	10/05/15
Bernice Karpman	23 Tishre	10/06/15
Jack Zelman	23 Tishre	10/06/15
Julian Schreiber	23 Tishre	10/06/15
Lillian Zirl	23 Tishre	10/06/15
Louis Lobell	23 Tishre	10/06/15
Louis N Ornitz	23 Tishre	10/06/15
Matilda (Tillie) Boltuch	23 Tishre	10/06/15
Brian Robert Brintz	24 Tishre	10/07/15
Lawrence Willing	24 Tishre	10/07/15
Lillie Schiff	24 Tishre	10/07/15
Murray Schwalbe	24 Tishre	10/07/15
Sol Grodin	24 Tishre	10/07/15
Aaron Schiff	25 Tishre	10/08/15
Benjamin Buckler	25 Tishre	10/08/15
Edith Jaffe	25 Tishre	10/08/15
Esther Friedman	26 Tishre	10/09/15
Phillip Dym	27 Tishre	10/10/15
Lillian Bressler	28 Tishre	10/11/15
Marjorie Mondschein	28 Tishre	10/11/15
Jacob Swerlick	1 Cheshvan	10/14/15
Reba Milano	2 Cheshvan	10/15/15
Deborah Zenker	3 Cheshvan	10/16/15
Daisy Parker	4 Cheshvan	10/17/15
Joseph Rosengart	4 Cheshvan	10/17/15
Roslyn C Herman	5 Cheshvan	10/18/15
Sophie Klirfeld	5 Cheshvan	10/18/15
Mark Kannry	5 Cheshvan	10/18/15
Rozalia Kleiner	6 Cheshvan	10/19/15
Albert Heller	7 Cheshvan	10/20/15
Bessie Hodus	8 Cheshvan	10/21/15
Harry Noble	8 Cheshvan	10/21/15
Jesse Kaplan	8 Cheshvan	10/21/15
Jack Sonkin	8 Cheshvan	10/21/15
Esther Tannenbaum	9 Cheshvan	10/22/15
Mabel Dobbs	9 Cheshvan	10/22/15
Emma Rose Adoff	10 Cheshvan	10/23/15
Morris Klein	10 Cheshvan	10/23/15
Israel Kaplan	11 Cheshvan	10/24/15
Rose Steinman	15 Cheshvan	10/28/15
Bernard Simmons	15 Cheshvan	10/28/15
Betty Richman	15 Cheshvan	10/28/15
Abraham Weitsman	17 Cheshvan	10/30/15
Esther Kligman	17 Cheshvan	10/30/15

TEMPLE SERVICES

Yahrzeit/Memorial Plaques	\$240
A reminder card is mailed every year prior to the yahrzeit anniversary. Plaques are displayed on the sanctuary walls.	Email Lynn Reiff at memorial.coordinator@bisrael.com
Tree of Life Leaves	\$180
Commemorate special occasions or honor someone special with a leaf displayed on our lobby walls.	Call Bob Greenblatt at 201-265-5777
Sentiment Cards	\$10.00 minimum
We'll send a beautiful card to express your sentiments. Choose from one of the following funds:	Call Bruce & Ellen Sonkin at 201-358-0129 or e-mail fundcards@bisrael.com
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SUPERMARKET GIFT CARDS	May be purchased in \$50 increments. Contact Idelle Schwinder at 201-265-7281
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