



THE SISTERHOOD OF CONGREGATION B'NAI ISRAEL IS HAVING

# *A morning filled with yoga.*

*Please join us for a fun morning after minyan and breakfast as our very own yoga instructor Andrea Collier leads us on a yoga journey. Please bring a towel and a yoga mat. If you do not have a yoga mat bring a large towel.*



*Date: Sunday, February 2nd*

*Where: Congregation B'nai Israel Social Hall  
53 Palisade Ave Emerson, NJ 201-265-2272*

*Time: 10:30-11:30am*

*Cost: \$5 sisterhood member. \$10 non-sisterhood member. Open to non members of temple for \$15. Pay at the door.*

*No need to RSVP just show up and join us!!!!*

*Any questions please contact Co-Presidents: Andrea Collier or Tracy Ganbarg email at [sisterhood.chair@bisrael.com](mailto:sisterhood.chair@bisrael.com)*