

February Happenings (and more)

at CONGREGATION B'NAI ISRAEL!



53 Palisade Avenue, Emerson, NJ

For any info contact the temple office:
201-265-2272 or office@bisrael.com
OR visit: www.bisrael.com

Saturday, February 1st:

6:30pm: Sweet Tastes of Torah

Evening of learning and community.
Choose from 20 one-hour classes.

6:30pm (registration); 6:50pm (Havdalah)
Classes at 7:20pm & 8:30pm

Where? Fair Lawn Jewish Center: 10-10 Norma Avenue, Fair Lawn
RSVP & to view course list: www.sweettastesoftorah.weebly.com

Cost: \$18 by 1/29 (register in advance); \$23 at the door



Sunday, February 2nd from 10:30am - 11:30am

Sisterhood Yoga (Bring a towel or yoga mat)

Cost: \$5 (Sisterhood members)
\$10 (CBI members)
\$15 (non-CBI members)



6:30pm: High School Teens' Scavenger Hunt at Paramus Park!

PRIZES!! TCBY afterwards!

Cost: \$3 FLERUSY Chapter members; \$4 non-members
RSVP by Thursday, Jan. 30th at 12noon
alayne.birnhak@gmail.com



Friday, February 7th at 7:30pm

Casual "Adon Olam" Shabbat

As part of our erev Shabbat service,
try singing Adon Olam to your favorite songs!
Pick a melody & see if you can challenge*
Cantor Mandel to figure it out.

*Songs may be oldies, classic rock, folk, and show tunes —
nothing after 1975.

FUN FOR ALL AGES!



Saturday, February 8th from 5:30pm - 6:30pm

Pajama Havdalah

(for children 8 and under)

Enjoy the Havdalah service, sing, and bring a
blanket or bedtime toy.



Sunday, February 9th

10:00am: **View Film: "Hava Nagila"**
and explore a Jewish journey over past 150 years.
Rabbi Orenstein will lead a discussion
following the film. **ALL WELCOME!**

10:30am: **Purim Carnival Planning Meeting**
For all Hebrew School parents — **Join us!**



Saturday, February 15th at 10:00am

Shabbat Morning services at
**Jewish Home Assisted Living
in River Vale**



Tuesday, February 18th from 7:30pm - 9:15pm:

"Cultivating Mindfulness"

Another Spiritual Conversations evening

How can we let our minds rest & relax?

Let's focus on what matters most.

Let's talk about meditation.

INVITE FRIENDS! Free of charge!



Thursday, February 20th at 7:00 (or so)

Sisterhood Movie Night

in Washington Township

(Movie to be determined)



Sunday, February 23rd from 10:00am - 11:30am

Hebrew Reading Crash Course — in 3 sessions —

For beginners or as a refresher course.
Additional Sundays: March 2nd & 9th

RSVP BY FEBRUARY 14 to temple office.
**And, if you can volunteer to help, let office know
by February 16th.**

אבגדהוזחטיכלמנסעפצקרשת

Thursday, February 27th at 1:30pm

Significant Seniors Speaker:
Dr. James Warnke of Teaneck
(Topic to be determined.)



Friday, February 28th

6:30pm-7:15pm: **Family Shabbat Program**
(for families with children 7 and under)

7:30pm: **Erev Shabbat Learning Service**

Learn the history & meaning of prayers,
ask the Rabbi & Cantor questions about things
you always wanted to know.



SAVE THESE DATES:

3/7: Shabbat Across America Dinner & Service
3/8: Dance Lessons at CBI

ROAD RALLY - TREASURE HUNT! Saturday, April 5th

Fun begins at 8:30pm! LOTS OF LAUGHS!

