

# *"The Circle of Life"*

Have you been looking for answers in all the wrong places? Wondering how Jews, and in particular Congregation B'nai Israel, deal with living and dying? Join us as we explore important Lifecycle events in a series of workshops to be held on Sunday mornings from 10:00 to 11:30 am. The workshops will be led by Rabbi Debra Orenstein, Cantor Lenny Mandel, and guest speakers.

Series one, **"Knockin' on Heaven's Door"**, covering four topics, will be held from February to April. The second series, **"All You Need is Love"**, will cover three topics and will be scheduled for the fall

**"Friends (Never) Say Goodbye"**, on **Sunday, February 10, 2013**, focuses on the customs and traditions of a Jewish funeral and unveiling; Shiva and visiting a Shiva home; and what is done just before death, at the moment of death, and after.

**"With a Little Help from my Friends"**, on **Sunday, March 3, 2013**, features a panel discussion about arrangements, information about buying plots, selecting a funeral home, preparing for funerals, prepaying for funerals, and out-of-state transport of bodies. Information on living wills, health proxies, and preparing your estate. Rabbi Orenstein and Cantor Mandel will discuss organ donation, bequests, and tzedakah.

**"All I Have to Do is Dream"**, on **Sunday, April 14, 2013**, will be a discussion, led by Rabbi Orenstein and Cantor Mandel, on Jewish beliefs in the afterlife.

**"Leader of the Pack"**, on **Sunday, April 21, 2013**, is a learning session to teach anyone 13 or older how to lead a Shiva minyan; conducted by Cantor Lenny Mandel.